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18 Sexy Products That Are Secretly Healthy

Sex keeps you and your body young. Here are 18 items—big and small—that will help you enjoy every minute of it.

by *More.com* Health Editors

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Pump Up the Pleasure

According to Indiana University research, more than 70 percent of women say that using lubrication makes sex more comfortable and pleasurable, but men only use it about a quarter of the time. Encourage a higher compliance rate by buying a box of NüVo LIQuid Condoms (\$5.99; amazon.com), which contains one lubricant packet per sheath.

Next: [13 Quick Tips for Sizzling Sex](#)

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